


Village Contacts

PARISH COUNCIL

Chair Kevin Shovelton 07471816604
Clerk John Hesketh 01579 342437
E-mail clerk@stkeynetrewidlandpc.org.uk
Parish Council website www.stkeynetrewidlandpc.org.uk
 www.facebook.com/profile.php?id=61551321479150
Cornwall Councillor J. Pascoe cllr.jane.pascoe@cornwall.gov.uk
Cornwall Councillor A. Toms cllr.armand.toms@cornwall.gov.uk


INFORMER

E-mail informer@stkeynetrewidlandpc.org.uk

ST KEYNE VILLAGE HALL

Chair Peter Higgs 01579 340783
Secretary Dominic Folland See email in article
Treasurer Stuart Houghton 01579 347221
Bookings Leigh Ann Latham Via FB page
Website www.stkeynevillagehallandclub.org.uk
 www.facebook.com/stkeynevillagehall

TREWIDLAND VILLAGE HALL

Chair Steve Bowers
Treasurer Nicky Fairey 07765 846658
Bookings nicky_faurey@hotmail.com
Website www.trewidlandhall.wixsite.com
 www.facebook.com/trewidlandcommunitygroup

St Keyne & Trewidland Informer

No. 3
May 2024



Pull out **St Keyne Garden Club Produce Show**
entry form and schedule inside



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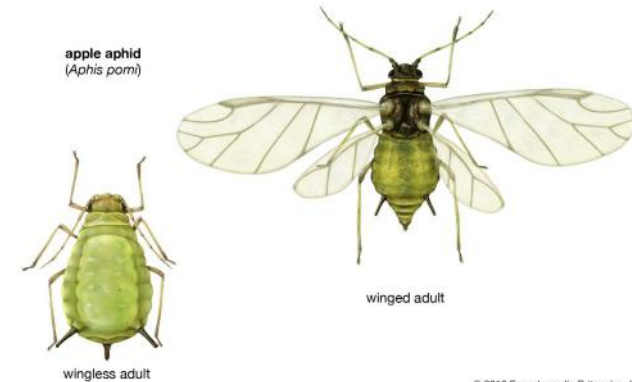


The wildlife friendly garden

Lets talk Aphids!

There are about 600 or so aphid species in Britain that feed on a single genus or species of plant, where they suck phloem sap, and are not pests.

OK, aphids might not sound very appetising to us, but they're a crucial source of nutrition for a host of creatures, including spiders, ladybirds and other beetles, and lacewing and hoverfly larvae. In turn, aphids and their predators are food for some of our most familiar birds and animals, such as robins and blue tits, frogs and toads, and hedgehogs. That means that these tiny, sap-sucking insects play a vital part in the food chain.



Swifts, the arrow-shaped birds that whoosh screaming over our homes in the summer at speeds of up to 70mph, are one of the birds that depend on aphid-eating insects – and they need our help. UK swifts have declined by 60% in the last 25 years and the huge decline in insect numbers is one of the biggest challenges they face. It's the same problem for some of our other birds, like house martins. Although you won't see swifts down on the ground eating insects – they do everything on the wing – what we do in our gardens and on our lawns and verges has an impact on the swifts in our skies.

Aphid colonies on wild plants are usually small and short-lived. This may be due to competition and natural enemies, but aphids are also 'self-regulating', so when their population outstrips resources, reproduction slows and winged morphs are produced that migrate to find more suitable hosts.

Gardens are ecosystems on our doorsteps. Encouraging a diversity of species and using products that don't harm that ecosystem can make a real difference. With some simple steps and a bit of love and care, we can create spaces that are great places to be for both ourselves and for wildlife. Even if you can't learn to love aphids, you can learn to love feeding them to their predators.

Patricia Hopwood

ST KEYNE VILLAGE HALL

AVAILABLE FOR HIRE

Whether you want to hold a private party or a business meeting, the Village Hall can accommodate you.

In addition to the large main hall, there is also a separate meeting room, free car parking and a fully equipped kitchen as well as a bar for social functions. **Free WiFi is available throughout the building.** Very competitive hire costs - please see back page for contact details and to discuss your requirements.

Further details: www.stkeynevillagehallandclub.org.uk

Bookings: Leigh Ann Latham via our facebook page www.facebook.com/stkeynevillagehall

Trewidland village hall is a traditional hall which still retains it's original stage. We can seat up to 80 people and there is a recently refurbished kitchen.

There is a car park for approximately 15 cars. The hall is suitable for all types of private functions, parties and social events. Also exercise classes,

concerts and shows and meetings. **Contact Nicky Fairey on 07765846658** or email nicky_faurey@hotmail.com, www.trewidlandhall.wixsite.com

Available for hire, hire costs £10 per hour

Reduced rates for regular bookings

August Informer deadlines

**All adverts and articles to be submitted by
FRIDAY 19TH JULY 2024!**

Email: Informer@stkeynetrewidlandpc.org.uk

**Next publication date
Friday 2nd August 2024**

Trewidland Village Hall

Trewidland village hall has put on two social events and a fund raiser for the Cornwall air ambulance this spring. The first event was a skittles and curry evening which was well attended by over twenty

Trewidlanders.

Take away curries were ordered and delivered from Liskeard, which went down a treat.

The March quiz also had a great turnout and competition was fierce!! £225.92 was raised for the hall from entry money and the sale of a delicious home made supper.

Many thanks to everyone who contributed to this.

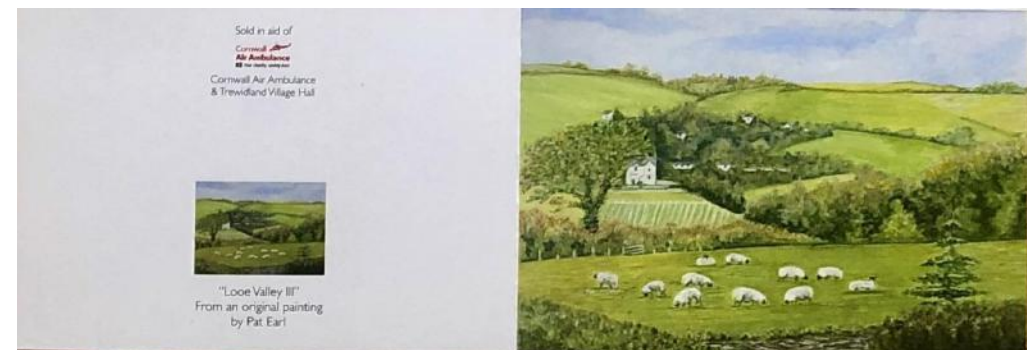
Then finally in March Nicky staged a fund raising Spring art Exhibition to support the purchase of a second air ambulance for Cornwall. Fourteen local artists and crafters staged an amazing display of their work. The standard of their exhibits was wonderful with a huge range of subjects. People came from Saltash and Lanreath as well as from the local area. Tea and cakes raised £73.34 for the hall and £107.97 for the air ambulance.

Many thanks to all who contributed in any way.

Nicky is planning a Summer exhibition on June 29th/30th. Cards and Prints of Pat Earl's paintings are now available in the Hall during Post Office hours. They are £1.50 per card and £20 per framed prints. All local pictures

The hall is available for badminton and table tennis.

Contact: Nicky Fairey 07764846658
www.trewidlandhall.wixsite.com




Browns Nurseries

Trewidland, Liskeard, Cornwall PL14 4ST

We are a wholesale Nursery located in the centre of Trewidland opposite the old shop. Supplying bedding plants, Vegetable plants and Hanging Baskets to various local garden centres. Alongside this we also supply Liskeard in Bloom and Looe in Bloom.



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- Hanging Basket
- Succulent Basket
- Terrariums!

And lots lots more!
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St Keyne History Group








St Keyne History Group – meetings on the last Wednesday of each month at 7.30pm as St Keyne Village Hall

Great to see new faces coming along to our monthly get togethers, sharing their collections and history behind these items. Our regular group still manages to find objects/books etc to bring along and we are always surprised by the range of artifacts, whether collected, inherited or found by wreck divers. Once again, our detectorist came up trumps and revealed more interesting artifacts found here and beyond, including more items left behind by American soldiers based in St Keyne. Looking forward to next week's meeting.

Mel Blackwell



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ST KEYNE CLUB



If you're new to the village, or even if you've been here some time and haven't got round to it yet, why not pop in to your local Club? We stock keenly-priced draught real ale, cider and lager, bottled ciders and beer, a selection of wines, gins and a wide range of other spirits, soft drinks and snacks as well. There is also a coffee machine in the Hall supplying excellent freshly-ground coffee at just £1 a cup. It's not only a great place to meet your friends and neighbours, but it is run entirely by volunteers and all profits go towards funding the Village Hall, so call in for a drink and a chat, and help maintain this valuable village amenity at the same time.

Free  is available. Well-behaved dogs are welcome.

All major credit/debit cards accepted.

As we are a members' club, the terms of our licence mean that you need to be a member or the guest of a member to enjoy the facilities - but it is free to join, so just call in during opening hours and ask for an application form.

OPENING TIMES

Friday - 8pm to 11pm
Saturday - 8pm to 11pm
Sunday - 1.30pm to 5.30pm

Please note that these times are subject to the availability of staff and may be subject to short-notice change.

If you are hiring the Village Hall for a party or other celebration, use of the Club is also available to members - just ask at the time of booking. Events organised by non-members can also use the bar facilities, but will need to obtain a Temporary Entertainment Notice to do so. Details can be supplied on request.

We wish to remind parents that children under 16 are not allowed in the club Unaccompanied

FORTHCOMING EVENTS

30 May Bingo 6.30pm
15 June BBQ with 40's & 50's disco 7.30pm

Games Night



Cornhole
Pictionary
Bingo

25th May at 7pm

Trewidland Village Hall

£3.00 per person

1 In which pub game are wooden balls bowled at wooden pins?
Skittles

2 The card game 21 is more commonly called 'what' in casinos?
Blackjack

3 Which dessert is a mix of chopped fruit served in syrup?
Fruit salad

4 What's the common name for a leg of cooked mutton?
Drumstick?

CLUE
Sorry dentists!
LINKEE
Sweets



Prizes to be won

All Welcome!



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Church News



Our Easter service was well attended and the church looked lovely thanks to our flower arrangers, we were also delighted to welcome some teenagers and children who came along, we do hope that they enjoyed it and will come again to visit us soon.

The planning application has now been passed for a toilet etc. and kitchen facilities to be put in the church so hopefully things will start happening soon.

In June on Saturday the 15th we are hosting a concert in church being performed by a local choir called "Levow Kesson" with featured Guests, this will start at 7.00 pm. there will be a raffle and refreshments afterwards, entrance fee will be £5.00 payable on the night, please come along and support this choir and the church.

On the 30th of June we are holding our annual cream tea afternoon at Sharon's. This is always a fun afternoon with a quiz and a raffle and of course lovely home-made scones so do come along and join in the fun you will be most welcome.

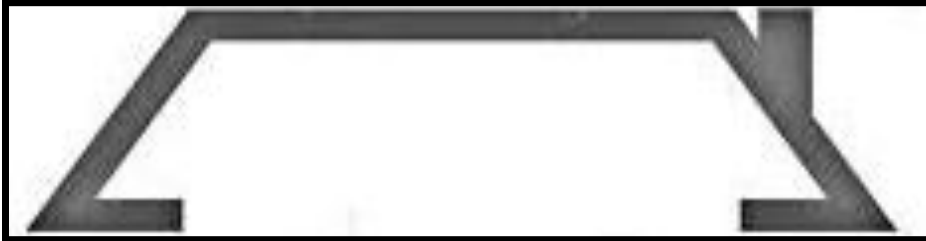
We had a good attendance for our Easter Messy Church session the next one will be on the **29th of May** and will probably be held in Jubilee Park weather permitting.

I love poetry so I am finishing with an Easter poem:-

The sleeping earth awakens the robin starts to sing,
The flowers open wide their eyes to tell us it is spring.
The bleakness of the winter is melted by the sun,
The tree that looked so stark and dead becomes a living one.
These Miracles of Easter wrought with divine perfection,
Are blessed reassurance of our Saviour's Resurrection.

God bless you all, put away your wellies and enjoy the warm sunshine that is just around the corner.

Margaret Smee.



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The WI in Duloe



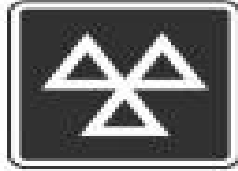
We welcome everybody
from around
St Keyne and Trewidland
to Duloe WI
to enjoy meetings once a
month on
Thursday at 7.30pm in the
Jubilee Centre.
We are always delighted to
welcome new members
who can try a couple of
meetings for free.

**We have a Resolution meeting on Thursday 2nd May
Summer Outing on Thursday 13th June
Pauline Miller will be our speaker on
hats and millinery
on Thursday 4th July**

Future dates:
Childrens Hospice South West on Thursday 5th September
Surfers against Sewage Thursday 3rd October

If you would like to try us or join us, please come along or
contact:

Sharon 01579 343434 or Gill 01579 349183



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Dobwalls & Trewidland Neighbourhood Development Plan Referendum 4th April 2024

Tracey Kitto (Dobwalls) and Mhairi Mackie (Trewidland) long term members of the D&T NDP Steering group were official Observers at the Count of votes cast in the 4th April Referendum. As the votes were counted and sorted by John Simmons, Senior Electoral Officer for Cornwall Council and his team it became clear that the YES pile was

considerably larger than the NO pile!

DECLARATION OF RESULT OF POLL

Dobwalls and Trewidland Neighbourhood Plan Referendum
for the Dobwalls and Trewidland neighbourhood area

I, John Simmons, being the Deputy Counting Officer at the above referendum held on Thursday 4 April 2024, do hereby give notice that the result of the votes cast is as follows:

Question		
Do you want Cornwall Council to use the Neighbourhood Plan for Dobwalls and Trewidland to help it decide planning applications in the neighbourhood area?		
	Votes Recorded	Percentage
Number cast in favour of a "Yes"	343	91.46%
Number cast in favour of a "No"	32	8.53%

The number of ballot papers rejected was as follows:		Number of ballot papers
A	want of an official mark	0
B	voting for more than one answer	0
C	writing or mark by which voter could be identified	0
D	being unmarked or wholly void for uncertainty	0
E	rejected in part	0
Total		0

Electorate: 1839

Ballot Papers Issued: 375

Turnout: 20.39%

And I do hereby declare that more than half of those voting have voted
IN FAVOUR OF the Dobwalls and Trewidland Neighbourhood Plan.

The journey to this point has been a long one for all those who have been a part of the Steering, Consultation, Research, Evidence gathering and Policy development groups for this NDP over the years. Changes in Cornwall Council and Parish boundaries Coupled with Covid added unexpected demands to the process. The

experience has highly educational, but also enjoyable for those of us who have worked together to get to this point. The Steering group would like to give an enormous Thank-you to everyone who has contributed to this final successful outcome of the project - for your hard work, your contributions to surveys/consultations, your patience and your votes. We trust that the resulting Research and Planning policies will provide a sound basis for the successful development of our local areas for the future.

Mhairi Mackie

Wednesday Coffee Mornings in St Keyne Village Hall

These are held every Wednesday in the Village Hall from 10.30am to 12 noon. Please come and join us to meet your neighbours and have a chat about anything and everything!

A range of coffees are available from our machine and hot water to make your own tea if required all for the price of £1.

Tracey Mustoe, a podiatrist, visits every 6 weeks during the Coffee Morning and takes bookings to see her privately in the bar area. Her next visit will be the **22nd May**.

We also have regular visits by Steve Edser, our local PCSO, who listens to any queries regarding police matters. He is willing to arrange a private meeting with you if required.

We would be pleased to see you on any Wednesday.

Sally Lewis



St Keyne Big Breakfast



Our Big Breakfasts (or lunch or brunch) are held in The Village Hall in St Keyne every two months, usually on the 2nd Saturday, from 10.30am to 1pm. The next one will be on 1st June.

All the food is freshly cooked on the morning and the cost for the meal includes as much toast, tea, coffee and fruit juice as you want, Please just ask if you would prefer

vegetarian sausages and be assured that all the items on the menu are cooked

separately. The cost of the full breakfast is just £7 (childs£4).

However we can negotiate costs for smaller or bigger plates if required. Our February event was the biggest yet and we were able to give over £350 to the Village Hall, which is so important to the St Keyne community. .

We hope you will be able to join us very soon – future dates are **1st June, 3rd August, 5th October and 7th December**

Sally Lewis

Advertising costs to cover 4 issues

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1/4 page £15.00; 1/2 page £30.00;

Full page £45.00

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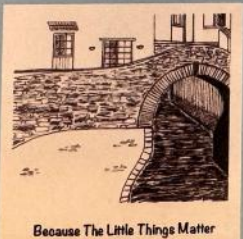
We are a locally based company in East Cornwall, covering Looe, Liskeard, Saltash and surrounding areas.

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Contact us:

- Facebook: PolDomCare
- Enquiries@polcommunitycare.com
- Tel: 01579 559690
- www.polcommunitycare.org



Crime in St Keyne and Trewidland is very low.

That is just the way we like it. To keep our community safe, perhaps we should start a neighbourhood watch scheme.

We would need volunteers in each village to come together a few times a year to coordinate this and possibly report back in case there has been something suspicious.

If you are interested and want to find out a bit more, please email

Patricia.hopwood@stkeynetrewidlandpc.org.uk



Pol Community Care Ltd

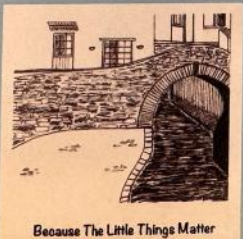
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The Gardening Year

Leigh's seasonal tips and things to do in the Garden



May tips:

Summer is just around the corner but watch out for late frosts so perhaps put out your annual bedding later in the month. Remember to pinch out some of the growing tips, especially fuchsia to promote bushy growth

The weeds will be growing so make sure you hoe them off regularly. If you fill your borders with lots of lovely perennial plants, the weeds will have no space left to grow and it will encourage more wildlife into your garden.

The leaves on early daffodils will be dying back so now is a good time to remove them. Leaving them late has allowed the bulbs to gain vital nutrients ready for next year's flowers. If you have congested clumps of any spring bulbs you can lift and divide them to maintain vigour.

June:

If you are growing tomatoes remember to pinch out the side shoots of taller cordon varieties.

Hanging baskets and planters will need consistent watering and better early morning or late afternoon. This way it won't scorch leaves or evaporate in the midday sun.

Lightly prune any spring flowering shrubs, ensuring there is plenty of time for new growth to bring next year's flowers. June is a good time to prune wisteria and tie in any long shoots.

July:

Keep deadheading bedding plants and repeat flowering perennials to prolong the flowering period. If you cut back delphiniums and hardy geraniums after flowering you should get a 2nd flush of flowers.

Feed your roses and keep removing faded blooms so they continue to flower.

The bulb catalogues will have arrived so perhaps order some bulbs to plant in the autumn & sow biennial seeds like foxgloves, forget-me-nots & wallflowers for next year's plants.

Leigh Woods



What is Messy Church St Keyne?

Messy Church is a form of church for all the family, both children and adults that involves, creativity, celebration and hospitality.

"It is Church, but not as you know it". You will be warmly welcomed. It is Christ-centred and helps people to encounter and enter into a transforming relationship with Jesus. There will be opportunities to be creative through themed art and craft activities, games, songs, a Bible story, refreshments and a shared meal.

Attendance is free.

Where is it happening?

Messy Church takes place usually 6 times a year in St Keyne village hall or Jubilee Park (summer months) on a Wednesday afternoon during the school holiday periods throughout the year. It is run and organised by members of the parish church in St Keyne.

When is it happening?

The next Messy Church session of 2024 will take place during the Half Term Holiday on **Wednesday 29th May 2024 from 3pm to 5pm.**

Look out for the banner nearer the time outside the village hall.

For more information please contact: **Lambrini Featherston**

Tel: 07919 460380

Email: lambrinifeatherston@gmail.com

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ST KEYNE GARDEN CLUB



The club has been very busy, we've planted some daffodils in the churchyard and plan to plant many more in the autumn. You may have also noticed 'Tommy'. We've supported the Royal British Legion with some help from the council and provided a permanent memorial figure.

Our annual lunch was held in February, 26 members enjoyed a fabulous lunch at the Beach House, Seaton before our regular club meeting started in March where we learned about Camelias & Tea. We also welcomed several new members.

A trip to Browns Nursery in April was eagerly anticipated and our next talk May 16th will be from Richard Woods who will be bringing some interesting plants.

Don't forget our annual plant sale will be at St Keyne Village Hall, Saturday 18th, 10am-12, with plants from members own gardens and bedding plants provided by Browns Nursery.

Our members also have gardens open in the National Garden Scheme which raises vital funds for charity. There is a small charge to enter the gardens, plants and refreshments will also be on sale. More details on ngs.org.uk

Lametton Mill, St Keyne, PL14 4SH (opposite St Keyne Wishing Well Halt Station) is open 11-4pm on 19th & 26th May, 7th July, 25th August, 8th September.

Higher Locrenton, St Keyne, PL14 4RN is open 2-5pm by appointment only 10th & 12th May, 14th & 16th June, 5th & 7th July

We are excited to announce the return of our produce show, August 10th in the St Keyne Village Hall. Once again you will have the opportunity to judge the exhibits or perhaps you would like to enter yourself. There will be refreshments available and a raffle. The exhibits will be sold off and any funds donated to a local charity. Please come and support us. Small entry fees will apply to classes but entry to the show is free for visitors.

Don't forget new members are always welcome at the club, just turn up at a meeting, get in touch stkeynegardenclub@btinternet.com or look for news on our facebook page.

Leigh Woods



Annual Cream Tea in St Keyne

This years Cream Tea
will be held at

Cross Park , St Keyne
on

Sunday 30th June 2024

from 2pm to 5pm



Please join us and call in and
wish for good weather

***This event is one of the vital fundraisers for
St Keyne Church!***



Yoghurt Cake

Supplied by Sharon Clemens

**Weigh all ingredients in the washed-out
yoghurt pot**

Ingredients:

- 1 small pot of plain yoghurt
- 3 pots self-raising flour
- 2 pots caster sugar
- 1 pot vegetable oil
- 3 eggs
- ½ tsp almond essence

Method:

Preheat the oven to 170 degrees C
Beat all ingredients together until smooth and pour into a lined 2lb
loaf tin or cook as a tray bake.
The loaf tin will take 1½ hrs at 170 degrees C
The tray bake will take less time, test with a skewer, when it comes
out clean, the cake is ready

This mix does not hold fruit well, but I have made cherry and almond,
date and walnut, coconut and chocolate versions



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Kid's Corner

The Quiz

**Find the answers inside
this Informer:**

Q: Where is messy Church held

Q: Where can new lambs shelter
on Pensipple farm

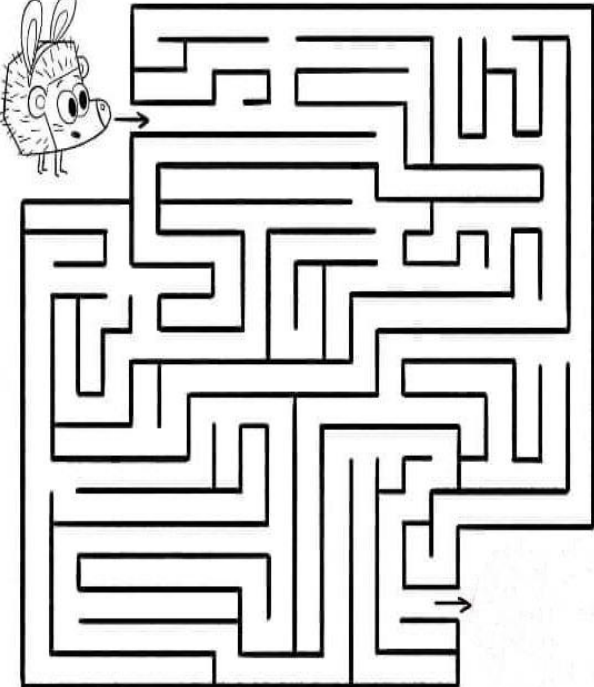
Q: Which wild animals have been
seen and photographed around
the parish

Q: How many Aphid species are
found in the UK

Find the answers in the next edition of the
informer

Answers to last informers questions:

- ◆ Find out how many lambs each
ewe is expecting
- ◆ Liter pick took place on 24/02 &
20/04 Trewidland
- ◆ St Keyne VH
- ◆ In log and twig piles in the garden

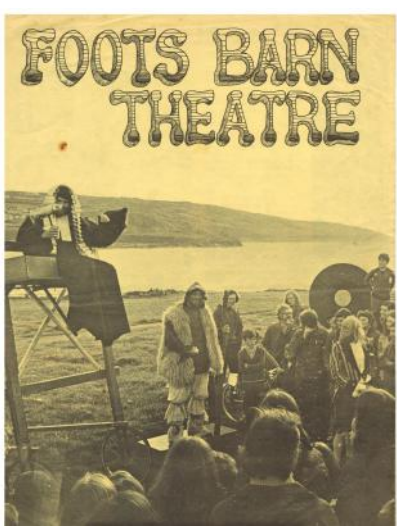


Word search

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F	E	B	A	U	F	Y	E
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PINS NETTLES
HEDGEHOG
BURROW
FRIENDS
QUIET
BRAVE



FOOTS BARN THEATRE Part 1

Sample chapter by Hon. Oliver Isaac Foot

1st of March 1971. I was 25. Two Big Hertz trucks roaring in convoy across Salisbury Plain. Heading for Cornwall. In one-- six musicians and their equipment. Some doubled as actors. Proper ones, trained at East 15 acting school in London. I was in the other with my wife Nancy, our one year old daughter, Mary-Rachel, and 6 actors. Proper ones again-- these trained at Jacques Le Coque school of mime in Paris (the ultimate mime

school that trained Marcel Marceau--but we didn't like Marceau- he had sold out-- became too commercial) and The Drama Studio in London where on leaving I had been awarded Best Actor. The only thing I had ever won. The adrenaline was strong. We were powered by our altruistic beliefs. It was happening man! We were doing it man! On our way to create a new order in life. We were to live an ideal, as a community on a farm and establish the only professional theatre company in Cornwall. We would mirror Shakespeare's time, by taking shows out to village halls, town halls, church halls, car parks, pubs, beaches, schools and art centres-- wherever we could find or create an audience. We were going to be famous our way -- which was to be infamous. We were all into Eastern Religions-sort of--we were all vegetarians --sort of. Jon -Paul the mime who had trained in Paris liked his meat. He needed it he said --so he could back flip, walk the tightrope and ride his unicycle--for strength. So we allowed him a piece of meat now and then although it upset the very committed among us-- you know--bad karma.

This had been planned for years. We were Foots barn Theatre. Named after me --have no idea how I wangled that. Our mission was wrapped in this statement. " Unlike television, theatre brings people together in the same room, in rural areas it can serve as a focal point for the Community in much the same way as the Church, the town fair, and the pageant of old. To this end, Foot's Barn would style itself as a grass roots theatre with elements of circus, mumming 16 mime and Comedia del'Arte, a theatre for the Cornish folk." You see-- we were serious man.

When our body releases cortisol (because it is under stress) our brain can't tell we have put ourselves in a stressful situation on purpose. Therefore, the brain believes we are managing our stress well and can do it again, transferring this to everyday life and allowing us to manage our daily stress.

The cold is believed to help manage pain and reduce swelling. For sufferers of autoimmune diseases (where the body attacks itself), the belief is that because the body's primary aim is to survive, it will stop attacking itself because it has gone into fight-or-flight survival mode, and staying alive is far more important.

As we begin to enjoy the experience, our body will also release dopamine, which is responsible for our feelings of reward, pleasure, and motivation. Dopamine is significant as it encourages us to continue to engage in activities that make us fulfilled and happy, bringing us back to the cold-water time and time again.

We also have the community aspect of getting into the cold water; this itself should never be underrated. When a group of people experiences adversity, it bonds them, they overcome something together, and it builds resilience and confidence. Many studies prove a positive mindset improves recovery from illness, resilience helps us combat depression, and friends and community give us support and the feeling of being part of something. Whatever the reasons for the increase in cold water swimming, you'll find when you talk to the swimmers they experience happiness, peace, and community, all of which improve their quality of life.

Cold water swimming is classed as an extreme sport, therefore seek medical advice.

Angela Collins
www.saltyswims.com





Interesting Hobbies

Cold Water Swimming

Recently there has been a huge rise in people taking up cold-water swimming. You'll find a lot of articles claiming many great things about getting into cold water. The facts at this present time are that there are no facts! There are no studies that can categorically prove anything.

However, go down to the beach and talk to some cold-water swimmers, and you'll find people who have managed to reduce their anti-depressants, people who are experiencing pain relief, people finding relief from arthritis pain and swelling, and those who have found a reduction in their stress and anxiety levels.

There are many theories as to why this is happening, and we're going to look at some of the science behind it and some of the not-so-scientific views.

The science is that when we enter cold water below 15 C, we experience the cold-water shock response. This means we get a hit of adrenaline and a hit of cortisol; the heart will beat faster, blood pressure will rise, and we will breathe very rapidly. In effect, our body believes it's in grave danger, and so it goes into fight or flight mode. That's the science bit—the bit we can scientifically prove.

The not-so-scientific bit is why all of this makes us feel great. When our body releases adrenaline, it will make us feel good; this natural high can last all day.

When our body releases cortisol (because it is under stress) our brain can't tell we have put ourselves in a stressful situation on purpose. Therefore, the brain believes we are managing our stress well and can do it again, transferring this to everyday life and allowing us to manage our daily stress.

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We had opened in London and done a week at St. Mary Abotts Theatre, Kensington with Becketts Endgame. We wanted to end the game before the Real thing. We were on our way to do the Real Thing. Through my Aunt Jill Craigie, Michael Foot's wife, Stanley Kubrick came along and wrote me a letter-- he liked our Endgame. He was casting "Clockwork Orange". But we were not into the commercial film world--no the Real Thing. Live our talents--FOR REAL.

Trewen, in St Keyne near Liskeard Cornwall was our home. A Victorian house where the single people lived and the couples lived in different caravans and units sprawled across the seven acre farm---Andy and Angie lived in the converted cider press, Jon Paul and Serena lived in a caravan, Maggie and Terry lived in a shed at the top of a field which became our kitchen garden. Nancy, Mary-Rachel and I lived in one end of the barn that had been converted into two upstairs bedrooms a kitchen downstairs and a small office. The Barn was where we would rehearse.

Tom Wildy the musician and actor had been left £6000 pounds which he put down to buy the property and I was responsible for a £6000 mortgage. We were co-owners, partners. Even though I had no money I became the owner of a farm at the age of 25. This was something else. Beyond all hippy dreams.

We would buy all our food in bulk: sacks of brown rice, beans, hundred weights of cheese ,whole grain flour, gallons of soya sauce, buckets of peanut butter, wheat germ etc. etc. No milk was allowed. Though some of us would creep off and buy a pint now and then and drink it in a village alley way.

Community meetings were held every week when we would discuss essential stuff like who would cook, how much cheese each member should get, who was responsible for cleaning, cutting the grass etc.--no one looked forward to them -- difficult but necessary.

No one was paid. It was my responsibility to put £25 in the kitchen of the main house every Monday for members to take what they need for essential personal needs--you know a toothbrush or the odd piece of clothing. That lasted for a couple of weeks until members would come to me before the Monday and beg advances. Yes this was our ideal.

Trust each other ---everyone equal.



The Farming Diary

As a community that is surrounded by agriculture, but for the most part having little involvement in it nowadays, we thought it might be useful for the people of St Keyne and Trewidland to have a brief insight into the agricultural calendar, how our work changes through the seasons, and why we can be seen doing what we do in the fields. Every farm is unique, and things will happen differently depending on where you look and which farm you drive past but, this is what happens at Pensipple Farm, a small, mixed family farm on the edge of Trewidland.

Spring

Although we've now entered meteorological spring, it isn't immediately apparent that spring has sprung! At the time of writing in early April, we've already had half our annual rainfall, and we've had the wettest 18 months on record. Winter crops that were sown in autumn have known nothing but relentless rain. This has seen a proliferation of pests such as slugs and disease, and at the same time, limited our ability to deal with these problems. Harvest is already looking like it will be a little disappointing.

In the next few days, dung will be spread and worked into the fields destined for spring oats, and the oat seed will be planted. Not long after that, we will prepare two fields for "Winter Bird Food" as part of our Sustainable Farming Incentive agreement. This will be a mixture of seeds that will be allowed to grow and set seed during the autumn to provide a food source to birds over winter.

Lambing starts at the end of March whatever the weather. We had a rough start with a few losses but, now we are in the thick of lambing, things seem to be going well. We deliberately lamb later than many to take advantage of warmer conditions and increased spring grass growth.

As we lamb entirely outdoors, the solar panels have been an absolute life saver for new born lambs, providing valuable shelter from the unseasonal wind and rain. Fortunately, our Romneys are bred to thrive in tough conditions and we have the beginnings of a strong and healthy crop of lambs. As spring continues, their mothers will produce good milk off the spring grass to help them thrive.

Anthony Ellis



Welcome

We welcomed two new Members onto the Parish Council. Roger Cook joined in July 2023 and Patricia Hopwood joined in September 2023. Their inclusion ensured that we maintained a full complement of nine Councillors. It is very reassuring that we have residents keen to volunteer their time and energy as Parish Councillors and make a contribution to the life of the community.

The Informer

We re-launched the 'Informer' quarterly Community Magazine in December 2023. The old 'Informer' hadn't been published regularly since our local volunteer Editor, Val Bourne, retired, so the Parish Council took the lead in producing the new 'St Keyne and Trewidland Informer'. We are very pleased to be receiving little articles from local residents and lots of information about events happening throughout the Parish.

Facebook

We also launched a Parish Council Facebook page. Our aim is to provide information for local residents using different ways of communicating and our Facebook page is already reaching lots of you. We get data from our Facebook page showing how many people are looking at our 'posted' messages – so we can see which 'posts' are the most popular. This gives us important feedback on which issues are the most important to our community and will help to inform our future priorities. For example, our posts about Road Safety generated a great deal of interest.

Budget

Every year Councillors vote to approve the Parish Council budget for the following year and to set a 'precept' (local Council tax) that will be charged to local residents as part of their Council Tax for the following year. For 2024-25 we were pleased to be able to make no increase in the precept for the second year running. Bearing in mind current financial pressures on households we were determined not to increase the precept and to make efficiencies elsewhere in our spending.

Local 'Infrastructure'

We have been using our Parish Council budget reserves to purchase new 'infrastructure' across the Parish to ensure that our local facilities, however small, are replaced and improved. These have included: a bespoke new entrance at St Keyne Lawn Cemetery; new outdoor Noticeboards for Trewidland Village Hall and St Keyne Lawn Cemetery; four new roadside Grit Bins in St Keyne; a new field gate on the public right of way (FP607/19/1) from Lower Town to Lake in Trewidland; and roadside planting at various locations in the Parish.



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Wednesday
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East Taphouse
Wednesday 5:30pm
Kathy 07477425715

East Taphouse
Thursday 9.30am
Rachel 07463 929696

Friday/Saturday
Millennium House
Pensilva
Fridays 5:30pm
Saturdays 8am & 9:30am
Hayley 07966370233

Monday/Tuesday
St Martins Church Centre
Liskeard
Mondays 5.30pm or 7pm
Tuesdays 9.30am or 11am
Elaine 07818094119

slimmingworld.co.uk



Road Safety

We have been working with Cornwall Council Highways and the Road Safety Team for Cornwall and the Police in a bid to improve safety for road users on the B3252 at Horningtops and Bylane End junctions. There have been several serious accidents, including two fatalities near the Bylane End junction within the past three years. We have pressed the relevant agencies to ensure that positive changes should arise from these tragic accidents to protect road users now and in the future. Following our discussions we are pleased that improved new warning signs and road markings have been installed and speed monitoring has been taking place. The impact of the new signage and the information from the speed monitoring will be kept under review with the relevant agencies and additional safety measures may arise as a result. Road safety along the B3252 remains a high priority for the Parish Council.

Safeguarding

We have developed and adopted a policy for safeguarding children and vulnerable adults. Although the Parish Council is not one of the primary safeguarding agencies it is essential, as a public body, that we respond appropriately when a potential safeguarding issue is brought to our attention. We will promote the welfare of children, young people and adults, and work together with other agencies to ensure that there are adequate arrangements in place within the Parish Council to identify and support those who are suffering harm. The Parish Council has identified one Councillor to act as the 'Designated Person' for Safeguarding, to whom concerns and incidents should be reported, and all Councillors have undertaken 'in-house' training. Having the policy in place enabled us to respond on two occasions during the year to concerns brought to our attention.

Housing and Development

Local developments, including Housing, are relatively small scale in our Parish, but they can still have a major impact on the local community and surroundings. Consequently we spend a lot of time carefully considering the details of new applications. While Cornwall Council are the decision maker on Planning matters, we are always consulted for our views and they take our comments into account. We have considered 15 planning applications this year. Three were extensions or alterations to existing houses; two were to create houses from old stone barns; two were single house new builds; two were to create storage buildings; and there was one 'change of use' from holiday let to residential. In addition there were 5 'Class Q' applications. 'Class Q' is a planning application to turn a farm building into a house without the usual planning restrictions and permissions applying.

Continued on page 20

The Parish Council has no right to comment on these and even Cornwall Council has very limited scope to object. Unfortunately non-farming developers have spotted this loophole and buy up recently redundant farms to turn all the agricultural sheds and barns into houses. While this brings essential new housing to the market, it does so without the usual scrutiny. For example, the Parish Council would have objected to the 5 recent Class Q applications because the new houses appear to be overcrowded on the site and there do not appear to be any of the houses which could be classed as 'affordable' for local people. We are also keeping our eye on a site along the East Looe River, between Trussel Bridge and St Keyne Station, which is being used as a storage and maintenance site by a Construction Company. Our objections to this development were upheld by Cornwall Council and by the National Planning Appeals body. The matter is now with Cornwall Council Planning Enforcement, but the site remains in use and is both an environmental hazard and an eyesore

Neighbourhood Development Plan

The Parish Council has supported the on-going work to produce a Neighbourhood Development Plan for Dobwalls and Trewidland although we have had no direct involvement as it was begun by Dobwalls and Trewidland Parish before Parish boundaries were changed. However we welcome it's acceptance by recent public vote. We are grateful for the huge amount of work on its development over several years by people in our Parish, particularly Mhairi Mackie in Trewidland. It will be a useful tool in our future consideration of planning applications in Trewidland.

Kevin Shovelton Parish Council Chair

Garden share or Allotments

Do you have a bit of land you could donate/let out for allotments?

Or have you got a garden you don't use or can't maintain, but would be happy for someone to cultivate in return for keeping the garden up and sharing the produce?

If you are interested, please contact the Parish Council Clerk on

clerk@stkeynetrewidlandpc.org.uk

The more time I spend looking the easier it becomes to notice things, the outline of an owl sat in a tree, a little bit of ginger colour in a hedgerow that turns out to be a fox sleeping, a pair of young squirrels playing happily having far too much fun to see me, a woodpecker busily feeding a nest of babies high up in a tree, to name but a few.

The easiest things to find are the little creatures like bees, spiders, grasshoppers, butterflies, moths etc. I like to take my grandchildren on nature walks to look for these small creatures.



At first, they see very little then all of a sudden, they have a long list of things to point out to me, 'Nanny come and look at this' or 'Nanny what's this?' they shout full of excitement about what they have found.

Just wondering around the garden with a torch on a dark summer evening finding slugs and toads was



so exciting for my 5 yr grandson that he declared that he never wanted to go indoors again! Share these simple free adventures with your little ones and see what they can find.

Anita Ivey

Living in our Parish

We are blessed to be surrounded with an abundance of wildlife so if you're not seeing it then chances are that you are just not looking.

I very much enjoy being out and about with my camera, different seasons bring different sightings so it doesn't matter what time of the year it is there is always something to see.

From one day to the next I never know what it will be, so I guess it's the anticipation that keeps me looking. Will today be the day when I have a close encounter with something special.

I remember one day just popping my head over a field gate and seeing a beautiful deer just a few metres away. The deer saw me and stood upright looking at me, it didn't move it just stared at me and I back at it.



At this point I am very eager to get a photo of it but don't want to frighten it off by moving too quickly. Very slowly, as in ultra slow motion, I raised my camera to my face and managed to take a few pictures before it decided that I was probably best avoided and ran off.

Not all of my photos are taken in such a graceful position, on more than one occasion I have been known to be hiding in a hedge, sat up a tree or crawling through long grass trying to get closer to my target . . . thank heavens I don't have an audience!

REPORT BY COUNCILLOR ARMAND TOMS LOOE EAST AND DEVIOCK WARD



I have been a councillor for 21 years and still love helping people each and every day, but in saying that in May I enter my last year as a councillor. I will be standing down to take time with my family and planning a special visit to my son and grandchildren in Australia.

Yet I always believe I could have done better said more or helped more as this is not a 40 hour week its as many as needs to do the job. You can be called out to a fire, landslip flooding, fallen tree or a family crisis at any time of the day or night. But in the main people are appreciative of what you do and a simple thank you is a great reward.

As you sit and read this are you able to spare time to support your community and become a councillor, do a litter pick or just clean up your area. Being an active member of your community shows you care and the rewards are a better place to live.

Currently I share the St Keyne and Trewidland Parish with Councillor Jane Pascoe, who is a hard working councillor and dedicated to her area.

Your own Parish Council works hard for the community making small changes which make life better for the community and makes well considered decisions. With The Informer and new Facebook pages keeping people in touch with what's going on in the Parish.

If you need any help please contact me on the numbers below or email me, I will do what I can to help.

Councillor Armand Toms

Looe East and Deviock
36 Trenant Road, East Looe, Cornwall PL131EP
Telephone 01503 264823 or 07398994834

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Trewidland Village Hall

Summer Art Exhibition

June 29th - 30th 11am- 4pm

Following the success of the Spring Art Exhibition where we raised over £200 for Cornwall Air Ambulance we shall be holding a Summer Art Exhibition.

Anyone, any age, is welcome to produce an artwork in any media; painting, drawing, photography, needlework, calligraphy, pyrography, floristry, story, clay, glass, wood, and anything else I haven't thought of.

The work can be signed or anonymous.

All entries must be handed in to Nicky by Friday June 28th.
Lowen, Trewidland (next to the Village Hall)

nicky_fairey@hotmail.com 07764846658

If you don't wish to show anything this time, please do add the date to your diaries to come and see those who have.

Thank You !

All Welcome!





All t-shirts £10

- 1-2
- 2-3
- 3-4
- 4-5
- 5-6
- 7-8
- 9-10
- 11-12
- 12-13



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Wall Hangings £8

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All T-shirts £10



St Keyne Village Hall



The Village Hall has started the year with a bang! The diary is filling up fast; with loads of private events, public events held by the hall and clubs such as the brench club, the history group and coffee mornings. Check the website for times and dates.

The big breakfast has continued to be as popular as ever; filling the hall right through to the social club and bringing the community together.

Our first Bingo night was also a runaway success; again, extra tables had to be brought out and the bar was so busy the line was out of the door twice, during the night. The next one is to be held on the 30/05/2024 doors open at 18:30 heads down at 19:00, the night ends at 22:00.

Prizes await your winning lines and cards, we look forward to seeing you there.

The first BBQ is for the 15/06/2024, it's a 40/50's themed night and Dress up in your best suites, dresses and austerity clothing. Music throughout the night will be from this wonderful era.

Lastly is a public meeting to be held in the hall on the 15/05/2024 at 19:00 until 19:30. This is for the village hall trustees and committee; to present their ideas for the use of the land, that once held the original hall. Please feel free to come and hear our exciting plans.

Dom Folland.
Contact details are stkeynevsecretary@gmail.com

What's on

Regular Events

What's on

in the parish

Monday	Weekly	09.30 - 11.30 17.30 - 21.30	Keltic Kymber Dog Training	Trewidland VH
Tuesday	Weekly	13.30 - 15.30	Post Office	Trewidland VH
Tuesday	Weekly	17.30 - 21.30	Keltic Kymber Dog Training	Trewidland VH
Tuesday	Weekly	14.00 - 16.00	Brench Club	St Keyne VH
Wednesday	Weekly	mornings	Jay Dog Training	Trewidland VH
Wednesday	Weekly	10.30 - 12.00	Coffe Morning	St Keyne VH
Wednesday	Last of the month	19.30 onwards	St Keyne	St Keyne VH
Wednesday	2nd of the month	19.00 onwards	Parish Council meeting	St Keyne VH / Trewidland VH alternate month
Thursday	1st of the month	19.30 onwards	WI	Duloe Jubilee Centre
Thursday	3rd of the month	19.30 onwards	Gardening Club	St Keyne VH
Thursday	Weekly	evening	Karate / Ju Jitsu	Trewidland VH
Saturday	1st of the month		Karate / Ju Jitsu	Trewidland VH

08.05.2024	19.00	Annual Parish Meeting	St Keyne VH
08.05.2024	19.30	Annual Meeting of the Parish Council	St Keyne VH
10.05.2024 12.05.2024 14.05.2024 16.05.2024 19.05.2024 26.05.2024 07.07.2024	14.00 - 17.00	Open Garden (see Garden club article)	Higher Locrenton (by appointment only)
	11.00 - 16.00	Open Garden (see Garden Club article)	Lametton Mill, St Keyne
15.05.2024	19.00 -19.30	Public Meeting for presenting ideas for the old VH grounds	St Keyne VH
16.05.2024	19.30	Richard Woods speaking at St Keyne Garden Club	St Keyne VH
18.05.2024	10.00 - 12.00	Plant Sale	St Keyne VH
22.05.2024	10.30 - 12.00	Podiatrist during Coffee Morning	St Keyne VH
25.05.2024	19.00	Games Night	Trewidland VH
29.05.2024	15.00 - 17.00	Messy Church	St Keyne VH or Jubilee Park
30.05.2024	18.30 onwards	Bingo	St Keyne VH
01.06.2024	10.30 - 13.00	Big Breakfast	St Keyne Church
15.06.2024	19.00	Levow Kesson Choir	St Keyne Church
15.06.2024	19.30 onwards	BBQ and 40'&50' Disco	St Keyne VH
29.06.2024 - 30.06.2024	11.00 - 16.00	Art Exhibition	Trewidland VH
30.06.2024	14.00 - 17.00	Cream Tea	Cross Park, St Keyne
13.07.2024	19.30 onwards	BBQ & 60's Disco	St Keyne VH
03.08.2024	10.30 - 13.00	Big Breakfast	St Keyne VH
10.08.2024	14.00 - 16.00	St Keyne Garden Club Produce Show	St Keyne VH

Flowers - in a container (supply your own)

- | | | | |
|----|-----------------|---------|------------------------|
| 18 | Dahlias | 3 stems | Any variety, no leaves |
| | A single flower | 1 stem | Any variety |
| 19 | Mixed Flowers | 3 stems | Different varieties |
| 20 | Sweet Peas | 3 stems | Can be mixed |
| 21 | Foliage | 3 stems | Can be mixed |

Flower arrangements Flowers can be bought, height unlimited

- | | | |
|----|-----------------------------------|------------------------------|
| 22 | To fit in a 450mm (18inch) square | Your own choice of container |
| 23 | Arranged in a jam jar | |
| 24 | Houseplant in a pot | Variety to be named if known |

St Keyne Garden Club

Produce Show Schedule and Entry form

10th August 2024



St Keyne Garden Club Show

August 10th, 2pm until 4pm

To be held in St Keyne the village hall, admission is FREE

Raffle & refreshments, sale of exhibits

Come and judge the entries or even enter yourself.

RULES

Entry form, exhibits & fees accepted in village hall 10.30am-12 on show day

Maximum 1 entry from each exhibitor in each class

Exhibitors must have grown exhibits or cultivated pot plants themselves

Flowers for class 23 & 24 may be bought

Exhibits can be removed from 3.30pm or left for charity sale

Any exhibits left after 4pm will be disposed of

Plates will be provided for classes 1-17

Please supply own containers for classes 18-25

Chairmans decision is final

10.30am until 12, hall open to receive show entries only

2pm show open to members and visitors

2pm until 3pm , judging by visitors

3.30pm raffle draw and awards

3.45pm charity sale of exhibits

4pm close

contact: stkeynegardenclub@btinternet.com

ENTRY FORM, Name:

List of classes entered:

No. of classes entered @ 20p per class

Total fee:

I'm happy to donate exhibits from classes 1-17 to a charity sale

yes/no

Produce - displayed on a paper plate (provided)

Class	Item	Qty	Instructions
1	Potatoes	3	Washed
2	Carrots	3	Washed, tops trimmed to 75mm (3in)
3	Beetroot	3	Washed, tops trimmed to 75mm (3in)
4	Shallots	3	Tops tied
5	Onions	3	Tops tied
6	Courgettes	3	With or without flowers
7	Cucumber	3	Any variety
8	Tomatoes	3	With calyx
9	Cherry Tomatoes		On the vine
10	Runner Beans	3	Best
11	Runner Bean	1	Longest
12	French Beans	3	Variety to be named if known
13	Rhubarb	3	Leaf trimmed to 75mm (3in)
14	Chilli	3	Variety to be named if known
15	Sweet Pepper	3	Variety to be named if known
16	An interesting specimen	1	Small, large or funny vegetable
17	Soft fruit berries (any)	5	Variety to be named if known